

My Choice Booking Form



Autumn 2024

Name	
Address	
Your phone number	
Emergency number	
Do you have difficulty with stairs?	Yes / No
Do you travel independently?	Yes / No
Do you have difficulty with lifts?	Yes / No
Do you have difficulty with escalators?	Yes / No
Do you give consent to having your photo taken and shared online?	Yes / No

SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
9	10	11	12	13
Pub Night 7pm-9pm	Gardening and Walking 10-1pm	Bowling 10am-2pm	Life Skills Welcome Party! 1pm-2pm	
			Booking Day in the Office	
16	17	18	19	20
Chat and Relax 11am-12pm	Gardening and Walking 10-1pm	Arts and Crafts 10:30am-12:30pm	Life Skills 1pm-2pm	
Zoom Pub Quiz 7:30pm-8:10pm		Money Confidence with Rosa 12:30-1:30pm	Booking Day in the Office	
23	24	25	26	27
Sing Out Choir! 10:30am-12pm	Gardening 10-1pm	Money Confidence with Rosa 12:30-1:30pm	Money Confidence at Barclays Bank 1pm-2pm	
	Drama and Dance 10:30am-12pm		Pub Discovery 7pm-9pm	
30				

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Gardening	2 Bowling 10am-2pm	3 Trip to John Soanes Museum Meet 10am	4
7	8	9	10	11
Sing Out Choir! 10:30-12pm	Gardening 10am-1pm Drama and Dance	Arts and Craft 10:30am-12:30pm	Life Skills 1pm-2pm	(Sunday 13th October Rotary Games!)
	10:30am-12pm	Money Confidence with Rosa 12:30pm-1:30pm	Booking Day in the Office	
14	15	16	17	18
Sing Out Choir! 10:30-12pm	Gardening 10am-1pm	Money Confidence with Rosa 12:30pm-1:30pm	Life Skills 1pm-2pm	
Pub Night 7pm—9pm	Drama and Dance (Filming Day)		Booking Day in the Office	
21	22	23	24	28
Sing Out Choir! 10:30-12pm	Gardening 10am-1pm	Arts and Craft 10:30am-12:30pm Ghost Story Writing with Bev!	Money Confidence at Barclays Bank 1pm-2pm	
	Pub Discovery	1pm-2:30pm		
28 Chat and Relax 11am-12pm	29 Gardening 10am-1pm	30 Walking Group with Charlotte 10am-11am Halloween Party 6:30pm-8:30pm	31 Trip— River Thames Boat Trip Meet 10am	

NOVEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
Sing Out Choir! 10:30-12pm	Gardening 10am-1pm	Bowling 10am-2pm	Life Skills 1pm-2pm	
Pub Night 7pm—9pm	Drama and Dance 10:30am-12pm			
11	12	13	14	15
Sing Out Choir! 10:30-12pm	Gardening 10am-1pm	Walking Group with Charlotte 10am-11am	Life Skills 1pm-2pm	
	Drama and Dance 10:30am-12pm	Money Confidence with Rosa 12:30pm-1:30pm	Booking Day in the Office	
18	19	20	21	22
Sing Out Choir! 10:30-12pm	Gardening 10am-1pm	Money Confidence with Rosa (Supermarket Sweep!) 12:00pm-1:30pm	Money Confidence at Barclays Bank 1pm-2pm	
	Drama and Dance 10:30am-12pm	Time to Talk (invite only) 2pm-3pm		
			Booking Day in the Office	
25	26	27	28th	(Saturday 30th November—
Sing Out Choir! 10:30-12pm	Gardening 10am-1pm	Chat and Relax 11am-12pm	Pub Discovery 7pm-9pm	Christmas Market and Choir Performance at St Stephens Church in partnership with
	Drama and Dance 10:30am-12pm	Learn Makaton with Bev 1pm-2:30pm		Macmillan—ask office for tickets!)

BOOKING DAY IN THE OFFICE

One to One Office, 2 Farm Road, N21 3JA

Please come into the office between 10 and 2 on this day to book your activities for the following month and also have a cup of tea and a biscuit.

You will get a calendar with all your events, times and places from either Jay or Victor.

You can also hear about other events that are taking place that are not on the activity sheet.

Charging & Payment Details

This is information about payments for our Members & their Carers/ Providers.

Please note that the suggested payment amounts found within this Activity Calendar are

VOLUNTARY DONATIONS.

It is more important to us for our activities to be inclusive to all of our members. If you are unable to afford the suggested donation amount, please discuss with either Lucy or Fiona in the office.

Any donation you can make towards the running of our activities is greatly appreciated, we are committed to doing everything we can to ensure we continue to provide current, new and exciting activities and we are very thankful for all the help & support you provide to us.

-The One to One Management Team