































My Choice Booking Forms












Your Details	
Name	
Address	
Your Phone Number	
Emergency Name	
Emergency Phone Number	
Do You Have Difficulty With Stairs?	Yes/No (Please Circle)
Do You Have Difficulty With Lifts?	Yes/No (Please Circle)
Do You Have Difficulty With Escalators?	Yes/No (Please Circle)
Do You Give Consent To Have Your Photo Taken And Shared Publicly i.e. Website, WhatsApp, Social Media etc?	Yes/No (Please Circle)


August 2022

Monday	Tuesday	Wednesday	Thursday
<p>Health & Wellbeing 1</p> <input type="checkbox"/> 	<p>Gardening Group 2</p> <input type="checkbox"/>  <p>Zumba/Keep Fit To Music</p> <input type="checkbox"/>  <p>Niburu Podcast Course Session</p> <input type="checkbox"/> 	<p>Chat & Relax 3</p> <input type="checkbox"/>  <p>Arts & Crafts Session</p> <input type="checkbox"/> 	<p>Trip on the Cable Car + River Bus Trip 4</p> <input type="checkbox"/>  <p>Niburu Podcast Course Session</p> <input type="checkbox"/> 
<p>Seaside Trip To Southend! 8</p> <input type="checkbox"/> 	<p>Gardening Group 9</p> <input type="checkbox"/>  <p>Niburu Podcast Course Session</p> <input type="checkbox"/> 	<p>Arts & Crafts Session 10</p> <input type="checkbox"/> 	<p>Walk In The Park 11</p> <input type="checkbox"/>  <p>Quiz Night</p> <input type="checkbox"/> 

Monday	Tuesday	Wednesday	Thursday
<p>15</p>	<p>16</p> <p>Gardening Group <input type="checkbox"/></p>  <p>Zumba/Keep Fit To Music <input type="checkbox"/></p>  <p>Niburu Podcast Course Session <input type="checkbox"/></p> 	<p>17</p> <p>Enfield Learning Disability Partnership Board's "Big Public Meeting!" <input type="checkbox"/></p> 	<p>18</p> <p>Bowling <input type="checkbox"/></p> 
<p>22</p>	<p>23</p> <p>Gardening Group <input type="checkbox"/></p> 	<p>24</p> <p>Chat & Relax <input type="checkbox"/></p>  <p>Walk In The Park <input type="checkbox"/></p> 	<p>25</p> <p>Quiz Night <input type="checkbox"/></p> 
<p>29</p>  <p>OFFICE CLOSED</p>	<p>30</p> <p>Gardening Group <input type="checkbox"/></p>  <p>Money Management Group Meeting <input type="checkbox"/></p> 	<p>31</p> <p>Walk In The Park <input type="checkbox"/></p>  <p>Chat & Relax <input type="checkbox"/></p> 	

September 2022

Monday	Tuesday	Wednesday	Thursday
			<div style="text-align: right;">1</div> <p>Niburu Podcast Course Session</p> <input type="checkbox"/> 
<div style="text-align: right;">5</div>	<div style="text-align: right;">6</div> <p>Gardening Group</p> <input type="checkbox"/> 	<div style="text-align: right;">7</div> <p>Walk In The Park</p> <input type="checkbox"/>  <p>Chat & Relax</p> <input type="checkbox"/> 	<div style="text-align: right;">8</div> <p>Trip To Buckingham Palace</p> <input type="checkbox"/>  <p>Quiz Night</p> <input type="checkbox"/> 
<div style="text-align: right;">12</div> <p>Arts & Crafts Session</p> <input type="checkbox"/> 	<div style="text-align: right;">13</div> <p>Gardening Group</p> <input type="checkbox"/> 	<div style="text-align: right;">14</div> <p>Bowling</p> <input type="checkbox"/>  <p>Chat & Relax</p> <input type="checkbox"/> 	<div style="text-align: right;">15</div> <p>Walk In The Park</p> <input type="checkbox"/> 

Monday	Tuesday	Wednesday	Thursday
<p data-bbox="521 236 555 260">19</p> <p data-bbox="69 300 293 331">Health & Wellbeing</p> <input data-bbox="103 344 147 376" type="checkbox"/>  <p data-bbox="69 432 232 464">Sing Out Choir</p>  <input data-bbox="80 493 125 525" type="checkbox"/>	<p data-bbox="969 236 1003 260">20</p> <p data-bbox="577 268 775 300">Gardening Group</p> <input data-bbox="591 312 636 344" type="checkbox"/>  <p data-bbox="577 464 869 496">Zumba/Keep Fit To Music</p> <input data-bbox="591 509 636 541" type="checkbox"/> 	<p data-bbox="1485 236 1518 260">21</p> <p data-bbox="1032 268 1178 300">Chat & Relax</p> <input data-bbox="1055 312 1099 344" type="checkbox"/>  <p data-bbox="1032 464 1267 496">Arts & Crafts Session</p> <input data-bbox="1032 509 1077 541" type="checkbox"/> 	<p data-bbox="2145 236 2179 260">22</p> <p data-bbox="1538 268 1733 300">Walk In The Park</p> <input data-bbox="1552 312 1597 344" type="checkbox"/>  <p data-bbox="1538 432 1662 464">Quiz Night</p> <input data-bbox="1552 477 1597 509" type="checkbox"/> 
<p data-bbox="521 592 555 616">26</p> <p data-bbox="69 632 232 663">Sing Out Choir</p> <input data-bbox="80 660 125 692" type="checkbox"/> 	<p data-bbox="969 592 1003 616">27</p> <p data-bbox="577 663 775 695">Gardening Group</p> <input data-bbox="591 692 636 724" type="checkbox"/>  <p data-bbox="577 823 954 855">Money Managing Group Meeting</p> <input data-bbox="591 868 636 900" type="checkbox"/> 	<p data-bbox="1485 592 1518 616">28</p> <p data-bbox="1032 663 1178 695">Chat & Relax</p> <input data-bbox="1055 692 1099 724" type="checkbox"/>  <p data-bbox="1032 791 1267 823">Arts & Crafts Session</p> <input data-bbox="1055 836 1099 868" type="checkbox"/> 	<p data-bbox="2145 592 2179 616">29</p> <p data-bbox="1538 663 1733 695">Walk In The Park</p> <input data-bbox="1552 692 1597 724" type="checkbox"/>  <p data-bbox="1538 823 2085 855">Learning Difficulties And Autism Council Meeting</p> <input data-bbox="1552 868 1597 900" type="checkbox"/> 

You will need to come to the One-to-One office to book and pay for trips.

If the trip is free you still need to book by coming to the office.

To **book on to and pay for trips** please go to the One-to-One office at the following days and times during the week:

Opening Times

Monday - Thursday 10am-4pm

Please Note: The office is closed on Fridays!