

One-to-One (Enfield) presents  
**Spectrum of Experiences**

An online conference about the autistic, gender, and sexuality spectrums

13<sup>th</sup> – 23<sup>rd</sup> June 2022

Talks uploaded daily at 1pm Monday – Thursday

Live Zoom Q&A hosted by Dean Beadle: Thursday 23<sup>rd</sup> June 1 -2pm.

Free to access [www.one-to-one-enfield.co.uk/spectrum](http://www.one-to-one-enfield.co.uk/spectrum)

To register interest contact [mail@one-to-one-enfield.co.uk](mailto:mail@one-to-one-enfield.co.uk)

**Focusing on the lived experiences of**

- Autistic women and girls, non-binary and transgender people
- Lesbian, gay, bisexual and queer autistics

**The speaker line-up**

**Sarah-Jane Critchley**

Author, speaker, consultant, coach. A talk on "Women and girls, diagnosis, sexuality and relationships".

**Laura Kate Dale**

Journalist, activist, author of "Uncomfortable Labels" and more. A talk on "The myth of autistic people not being good communicators in relationships"

**Robyn Steward**

Autistic trainer, author and musician. A talk on puberty, periods, and safeguarding women.

**Katie Munday**

On their MRes Gender Studies research collecting and sharing the stories of trans and/or non-binary autistic adults.

**Grace Liu**

Blogger and author of "Approaching Autistic Adulthood" on her experiences of being mixed race, autistic and gay.

**Lana Grant**

Author of "From Here to Maternity, pregnancy and motherhood on the Autism Spectrum", on motherhood and relationships.

**Sarah Davis**

Health and social care worker and former One-to-One staff member on her late diagnosis journey.

With Q&A hosted by our patron

**Dean Beadle**

Autistic speaker, trainer, and singer.