## SEPTEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	2 All inclusive activities on the main calendar	3 Evening Peer Support Group (ENAS) 7pm-9pm The Cricketers Pub	4 All inclusive activities on the main calendar	5
8 All inclusive activities on the main calendar	9 All inclusive activities on the main calendar	10 Art-based Drop In 11:30am-1pm St Aldhelms	11 All inclusive activities on the main calendar	12
15 All inclusive activities on the main calendar	16 All inclusive activities on the main calendar	17 Art-based Drop In 11:30am-1pm St Aldhelms	18 All inclusive activities on the main calendar	19
Free Flow Music 12:30pm-2:30pm Enfield Baptist Church Evening Peer Support Group Pub Night 6:20pm-8pm Ridgeway Tavern	23 All inclusive activities on the main calendar	24 All inclusive activities on the main calendar	25 All inclusive activities on the main calendar	26
29 Free Flow Music 12:30pm-2:30pm Enfield Baptist Church	30 All inclusive activities on the main calendar			

## OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Art-Based Drop In 11:30am-1pm St Aldhelms	2 All inclusive activities on the main calendar	3
6 Free Flow Music 12:30pm-2:30pm Enfield Baptist Church	7 All inclusive activities on the main calendar	8 Art-Based Drop In 11:30am-1pm St Aldhelms	9 All inclusive activities on the main calendar	10
13 Free Flow Music 12:30pm-2:30pm Enfield Baptist Church	14 All inclusive activities on the main calendar	15 Art-Based Drop In 11:30am-1pm St Aldhelms	16 All inclusive activities on the main calendar	17
20 Free Flow Music 12:30pm-2:30pm Enfield Baptist Church Peer Support Group Pub Night 6:30pm-8pm Ridgeway Tavern	21 All inclusive activities on the main calendar	22 Art-Based Drop In 11:30am-1pm St Aldhelms	23 All inclusive activities on the main calendar	24
27 Chat & Relax with Board Games 12:30pm-2:30pm Enfield Baptist Church	28	29 Art-Based Drop In 11:30am-1pm St Aldhelms	30 All inclusive activities on the main calendar	

## NOVEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Inclusive Drop In Session 12:30pm-2:30pm Enfield Baptist Church	4 All inclusive activities on the main calendar	5 Art-Based Drop In 11:30am-1pm St Aldhelms	6All inclusive activities on the main calendar	7
10 All inclusive activities on the main calendar	11All inclusive activities on the main calendar	12 Art-Based Drop In 11:30am-1pm St Aldhelms	13All inclusive activities on the main calendar	14All inclusive activities on the main calendar
17 Evening Peer Support Group Pub Night 7pm-8:30pm Ridgeway Tavern	18All inclusive activities on the main calendar	19 Art-Based Drop In 11:30am-1pm St Aldhelms	20All inclusive activities on the main calendar	21All inclusive activities on the main calendar
Inclusive Drop In Session 12:30pm-2:30pm Enfield Baptist Church	25	26 Art-Based Drop In 11:30am-1pm St Aldhelms	27 Chat & Relax at Ridgeway Tavern 12:30pm-2:30pm Enfield Baptist Church	28